



Wildflowers
WELLNESS

August

NATURE-BASED CLASSES FOR CHILDREN

ALWAYS AVAILABLE TO SCHEDULE 1:1 OT THERAPY, TUTORING OR NUTRITION, AFTER EVERY CLASS THERE IS TIME IN THE KID CORRAL.

2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1	2 10:00 Wild Buds
3  PETS	4 9:30 SPECIAL EVENT SONG AND SPROUTS 11:00 Flourishing Foundations	5	6 9:00 Nature Open Play 10:00 Wild Buds 11:00 Homeschool Nature Play 3:30 Wild Buds	7 9:00 Nature Ninjas 10:00 Budding Hands 10:30 Nature Open Play 11:00 Roots of Regulation 5:00 pm Wild Buds	8	9
10  BEACH	11	12	13 9:00 Nature Open Play 10:30 Wild Buds 3:30 Wild Buds	14 10:30 Nature Open Play 1:30 Kids Yoga 2:45 Little Gardeners 5:00 pm Wild Buds	15	16
17  WEATHER	18 SPECIAL EVENT 9-11AM WILD BUDS FUNDRAISER FOR POSTPARTUM WELLNESS	19	20 9:00 Nature Open Play 10:30 Wild Buds 3:30 Wild Buds 4:30 Kids Zumba	21	22	23 10:00 Wild Buds
24  OUTER SPACE	25 9:00 Wild Buds	26	27 9:00 Wild Buds	28	29	30 10:00 Wild Buds

JACQUELINE SHEA—MOT, BS OTR/L
PEDIATRIC OCCUPATIONAL THERAPIST
HEALTH & WELLNESS COACH

ASK ABOUT OUR SPECIALIZED PROGRAMS,
READINESS TECHNIQUES + APPROACH

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